

# Oaths & Ethics

*An Advanced Elective in the Carver College of Medicine*

**Course numbers:** MED:8413:0400 and MED:8413:0300

**Duration:** February 11 – March 8, 2019

**Class meeting times:** Mondays and Thursdays from 9:00 AM - 11:30 AM

**Class location:** ML 1180 (first seven meetings) and MERF 4112 (last meeting)

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## Objectives

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By taking this course, students will be able to:

1. Describe the meaning and significance of a medical oath for physicians, the medical profession, and society.
2. Compare the similarities and differences between medical oaths and other professional statements such as ethical principles, codes, and charters.
3. Assess the ethical contents of different medical oaths, from the Hippocratic Oath to the Physician's Oath of the Carver College of Medicine.
4. Reflect on ethical values communicated in ethics-related seminars at UIHC.
5. Interview a non-medical person regarding his/her assessment of ethical values considered important for a medical oath.
6. Identify the essential content of a medical oath and incorporate that content into a personal statement of professional commitment.

## Purpose

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This Course is intended to help you appreciate the meaning and significance of a medical oath, both for yourself, and for your profession and society. The Course will examine oaths as promise statements that are highly personal, deeply ethical, and broadly professional, with attention to the principles, commitments, and virtues that are essential in medical practice. Examination of content will be assisted by reference to traditional medical oaths (e.g., versions of the Hippocratic Oath and the Declaration of Geneva), codes of ethics (e.g., the AMA Code of Ethics), contemporary statements such as the Physician Charter, and virtues that are central to the moral foundations of medicine. This examination will also be facilitated by observing and reflecting on ethics-related seminars at UIHC, as well as interviewing a non-medical person regarding the ethical values that ought to be in a medical oath.

From such resources it will be possible to identify principles, virtues, and commitments that form the recurring themes (and emerging issues) related to medical ethics and professionalism. These resources will provide a lens through which to examine the Physician's Oath of the Carver College of Medicine and by which to draft your own medical oaths as a reflective exercise in professional development. The Course will also help you think about the benefits of trying to increase the degree of consistency of content between oaths used in different medical schools so that society can more easily see that physicians are members of a profession that is committed to a shared set of essential ethical values. Lastly, this Course intends to help prepare you to understand and 'own' the medical oath you will profess when you graduate from the Carver College of Medicine.

## Structure

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- Class meetings (student-led discussions): 9:00 AM - 11:30 AM on Mondays & Thursdays
- Readings
- Interview of a non-medical person regarding medical oaths
- Writing (two essays, one interview report, and one oath)
- Attendance at (and a written reflection on) one ethics-related seminar at UIHC each week:
  - Ethics Rounds
  - Schwartz Center Rounds
  - Palliative Care Conference
  - Ethics M&M Conference, Department of Surgery
  - Other opportunities as available (to be discussed with Course Director)

## Grading & Feedback

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The Course is graded as pass/fail. Requirements for passing will be (1) attendance at all class discussions, (2) weekly attendance at an ethics-related seminar at UIHC (plus written reflection), (3) familiarity with assigned readings as demonstrated through informed participation in discussions, (4) successful leading of class discussions, and (5) satisfactory completion of weekly writing assignments. If any requirements are not met, appropriate make-up work or remediation will be assigned by the course director. The Course Director will provide (1) written feedback on writing assignments, (2) mid-course feedback for any student not meeting course expectations, and (3) end-of-course narrative feedback on each student's overall performance.

## Course Schedule, Readings, Discussion Leaders, and Assignments

Week 1: History and Purpose of Medical Oaths		
<p><b>Mon Feb 11</b></p> <p>ML 1180</p>	<p><i>Introduction, Overview, and Discussion</i></p>	<p>Class: 9:00 AM – 11:30 AM</p> <p>Group discussion:</p> <ul style="list-style-type: none"> <li>• <i>Group development of initial ideas for a set of core ethical values believed to be important in a medical oath; we will revisit these ideas at the end of the course to see whether perspectives have changed and, if so, how.</i></li> </ul>
<p><b>Thu Feb 14</b></p> <p>ML 1180</p>	<p><i>Readings:</i></p> <ul style="list-style-type: none"> <li>• Hippocratic Oath (original)</li> <li>• Oath of Maimonides</li> <li>• Declaration of Geneva, World Medical Association</li> <li>• Hippocratic Oath – Modern Version (Louis Lasagna)</li> <li>• Physician’s Oath, Carver College of Medicine</li> <li>• AMA Principles of Medical Ethics</li> <li>• Catto G. The Hippocratic Oath: back to the future? <i>Med Educ</i> 2014;48:4-5.</li> <li>• Graham D. Revisiting Hippocrates: Does an oath really matter? <i>JAMA</i> 2000;284:2841-2.</li> <li>• Nutton V. What’s in an oath? <i>J R Coll Physicians Lon</i> 1995;29:518-24.</li> <li>• Askitopoulou H, Vgontzas AN. The relevance of the Hippocratic Oath to the ethical and moral values of contemporary medicine. Part I: The Hippocratic Oath from antiquity to modern times. <i>Eur Spine J</i> 2018;27:1481-1490.</li> <li>• Parsa-Parsi RW. The revised Declaration of Geneva: A modern-day physician’s pledge. <i>JAMA</i> 2017;318:1971-2.</li> </ul> <p><i>Essay Assignment (the Hippocratic Oath):</i></p> <ul style="list-style-type: none"> <li>➤ <b><i>Is the original Hippocratic Oath relevant to you today?</i></b> <ul style="list-style-type: none"> <li>○ 2 pages, single-spaced</li> <li>○ Due Wed Feb 13 by noon (upload to ICON)</li> </ul> </li> </ul> <p><i>Written Reflection:</i></p> <ul style="list-style-type: none"> <li>➤ <b><i>Reflection on ethical values communicated in an ethics-related seminar at UIHC</i></b> <ul style="list-style-type: none"> <li>○ 1 page, single-spaced</li> <li>○ Due Thu Feb 14 by 9:00 AM (upload to ICON)</li> </ul> </li> </ul>	<p>Class: 9:00 AM – 11:30 AM</p> <p><i>Group discussion:</i></p> <p>Student discussion leaders for <u>Readings</u>:</p> <ol style="list-style-type: none"> <li>1. _____</li> <li>2. _____</li> <li>3. _____</li> <li>4. _____</li> <li>5. _____</li> <li>6. _____</li> </ol> <p>Student discussion leaders for <u>Essay Assignment</u>:</p> <ol style="list-style-type: none"> <li>1. _____</li> <li>2. _____</li> </ol>

**Week 2: Relationship between Medical Oaths, Ethical Values, and Professional Codes**

<p><b>Mon Feb 18</b></p> <p>ML 1180</p>	<p><i>Readings:</i></p> <ul style="list-style-type: none"> <li>• Gillon R. Ethics needs principles – four can encompass the rest – and respect for autonomy should be “first among equals”. <i>J Med Ethics</i> 2003;29:307-12.</li> <li>• Cohen JJ. Linking professionalism to humanism: What it means, why it matters. <i>Acad Med</i> 2007;82:1029-32.</li> <li>• Sulmasy D. What is an oath and why should a physician swear one? <i>Theor Med Bioeth</i> 1999;20:329-46.</li> <li>• Antiel et al. The Impact of Medical School Oaths and Other Professional Codes of Ethics: Results of a National Physician Survey. <i>Arch Intern Med</i> 2011;171:469-471.</li> </ul>	<p>Class: 9:00 AM – 11:30 AM</p> <p><i>Group discussion:</i></p> <p>Student discussion leaders for <u>Readings:</u></p> <p>1. _____</p> <p>2. _____</p>
<p><b>Thu Feb 21</b></p> <p>ML 1180</p>	<p><i>Readings:</i></p> <ul style="list-style-type: none"> <li>• ABIM Foundation. American Board of Internal Medicine. Medical professionalism in the new millennium: a physician charter. <i>Ann Intern Med</i> 2002;136:243-6.</li> <li>• American College of Physicians (ACP) Ethics Manual. <i>Ann Intern Med</i> 2019;170:S1-S32.</li> <li>• AMA Code of Ethics, Chap. 1 (Patient-Physician Relationships)</li> <li>• Pellegrino, Edmund D. “One Hundred Fifty Years Later: The Moral Status and Relevance of the AMA Code of Ethics.” In: <i>The American Medical Ethics Revolution: How the AMA’s Code of Ethics Has Transformed Physicians’ Relationships to Patients, Professionals, and Society</i>. Baltimore: Johns Hopkins, 1999:107-123.</li> </ul> <p><i>Essay Assignment (professing an oath):</i></p> <ul style="list-style-type: none"> <li>➤ <b>What are you doing when you profess a medical oath?</b> <ul style="list-style-type: none"> <li>○ 2 pages, single-spaced</li> <li>○ Due Wed Feb 20 by noon (upload to ICON)</li> </ul> </li> </ul> <p><i>Written Reflection:</i></p> <ul style="list-style-type: none"> <li>➤ <b>Reflection on ethical values communicated in an ethics-related seminar at UIHC</b> <ul style="list-style-type: none"> <li>○ 1 page, single-spaced</li> <li>○ Due Thu Feb 21 by 9:00 AM (upload to ICON)</li> </ul> </li> </ul>	<p>Class: 9:00 AM – 11:30 AM</p> <p><i>Group discussion:</i></p> <p>Student discussion leader for <u>Readings:</u></p> <p>1. _____</p> <p>2. _____</p> <p>3. _____</p> <p>4. _____</p> <p>Student discussion leader for <u>Essay Assignment:</u></p> <p>1. _____</p> <p>2. _____</p>

### Week 3: Contents of Medical Oaths

<p><b>Mon Feb 25</b></p> <p>ML 1180</p>	<p><i>Readings:</i></p> <ul style="list-style-type: none"> <li>• Greiner AM, Kaldjian LC. Rethinking medical oaths using the Physician Charter and ethical virtues. <i>Med Educ</i> 2018;52(8):826-837.</li> <li>• Cruess R, Cruess S. Updating the Hippocratic Oath to include medicine's social contract. <i>Med Educ</i> 2014;48:95-100.</li> <li>• Bagozzi RP, Sekerka LE, Hill V, Sguera F. The role of moral values in instigating morally responsible decisions. <i>J Appl Behav Sci</i> 2013;49:69-94.</li> </ul>	<p>Class: 9:00 AM – 11:30 AM</p> <p>Student discussion leaders for <u>Readings</u>:</p> <ol style="list-style-type: none"> <li>1. _____</li> <li>2. _____</li> <li>3. _____</li> </ol>
<p><b>Thu Feb 28</b></p> <p>ML 1180</p>	<p><i>Readings:</i></p> <ul style="list-style-type: none"> <li>• Ahmad WD, El-Kadi A, Zidria BA. Oath of a Muslim physician. <i>J Islamic Med Assoc North Am</i> 1988;20:11-4.</li> <li>• Alkire S, Chen L. Global health and moral values. <i>Lancet</i> 2004;364:1069-74.</li> <li>• Gesundheit B. Maimonides' appreciation for medicine. <i>Rambam Maimonides Med J</i> 2011;2:e0018.</li> <li>• Nishigori H, Harrison R, Busari J, Dornan T. Bushido and medical professionalism in Japan. <i>Acad Med</i> 2014;89:560-3.</li> <li>• Pai SA, Pandya SK. A revised Hippocratic Oath for Indian medical students. <i>Natl Med J India</i> 2010;23:360-1.</li> <li>• Tsai DF. Ancient Chinese medical ethics and the four principles of biomedical ethics. <i>J Med Ethics</i> 1999;25:315-21.</li> <li>• Abbasi M, Majdzadeh R, Zali A, Karimi A, Akrami F. The evolution of public health ethics frameworks: systematic review of moral values and norms in public health policy. <i>Med Health Care Philos</i> 2018;21:387-402.</li> </ul> <p><i>Essay Assignment (interview report):</i></p> <ul style="list-style-type: none"> <li>➤ <b>Interview a non-medical person regarding his/her assessment of ethical values considered important for a medical oath; then write an essay that reports and reflects on your findings.</b> <ul style="list-style-type: none"> <li>○ 2 pages, single-spaced</li> <li>○ Due Wed Feb 27 by noon (upload to ICON)</li> </ul> </li> </ul> <p><i>Written Reflection:</i></p> <ul style="list-style-type: none"> <li>➤ <b>Reflection on ethical values communicated in an ethics-related seminar at UIHC</b> <ul style="list-style-type: none"> <li>○ 1 page, single-spaced</li> <li>○ Due Thu Feb 28 by 9:00 AM (upload to ICON)</li> </ul> </li> </ul>	<p>Class: 9:00 AM – 11:30 AM</p> <p><i>Group discussion:</i></p> <p>Student discussion leader for <u>Readings</u>:</p> <ol style="list-style-type: none"> <li>1. _____</li> <li>2. _____</li> <li>3. _____</li> </ol> <p>Student discussion leader for <u>Essay Assignment</u>:</p> <ol style="list-style-type: none"> <li>1. _____</li> <li>2. _____</li> </ol>

Week 4: <i>Essential Content of a Medical Oath</i>		
<b>Mon Mar 4</b>  ML 1180	<i>Readings:</i> <ul style="list-style-type: none"> <li>• Hafferty FW, Franks R. The hidden curriculum, ethics teaching, and the structure of medical education. <i>Acad Med</i> 1994;69:861-71.</li> <li>• Heubel F. The “soul of professionalism” in the Hippocratic oath and today. <i>Med Health Care Philos</i> 2015;18:185-94.</li> <li>• Pellegrino ED. The medical profession as a moral community. <i>Bull NY Acad Med</i> 1990;66:221-32.</li> <li>• Pellegrino ED. The metamorphosis of medical ethics: A 30-year retrospective. <i>JAMA</i> 1993;269:1158-62.</li> <li>• Veatch RM. The sources of professional ethics: Why professions fail. <i>Lancet</i> 2009;373:1000-1.</li> </ul>	Class: 9:00 AM – 11:30 AM  <i>Group discussion:</i>  Student discussion leaders for Readings:  1. _____ 2. _____ 3. _____ 4. _____ 5. _____ 6. _____ 7. _____ 8. _____
<b>Thu Mar 7</b>  MERF 4112	<i>Essay Assignment (a medical oath):</i> <ul style="list-style-type: none"> <li>➤ <b>Write a medical oath that crystalizes your most important professional commitments.</b> <ul style="list-style-type: none"> <li>○ 300 words or less</li> <li>○ Due Wed Mar 6 by noon (upload to ICON)</li> </ul> </li> </ul> <i>Written Reflection:</i> <ul style="list-style-type: none"> <li>➤ <b>Reflection on ethical values communicated in an ethics-related seminar at UIHC</b> <ul style="list-style-type: none"> <li>○ 1 page, single-spaced</li> <li>○ Due Thu Mar 7 by 9:00 AM (upload to ICON)</li> </ul> </li> </ul>	Class: 9:00 AM – 11:30 AM  <i>Workshop:</i> <ul style="list-style-type: none"> <li>• Discussion of each student’s medical oath</li> </ul>

### Written reflections on ethical values communicated in ethics-related seminars at UIHC

Your weekly reflections should offer commentary that responds to the following questions:

- (1) What ethical issues/values were *relevant* to the topic presented in the seminar?
- (2) What ethical issues/values were actually *identified* or *discussed* in the seminar?
- (3) Do medical oaths contain values that address the ethical issues relevant to the topic?
- (4) Do you think the speaker(s) could have made useful reference to any values in medical oaths during the seminar? If so, which ones, and how?

### Interview (and report) of a non-medical person’s thoughts about medical oath content

Identify a non-medical person (friend, family, acquaintance) who is willing to be interviewed by you about which ethical values he or she thinks should be in a medical oath. Start by using open-ended questions (e.g., “What should doctors promise to do?”, or “What character traits should doctors promise to live by?”), and then (as needed) use closed-ended questions to probe ethical values that your interviewee did not initially mention but might still think are important. Then write a 2-page, single-spaced essay that reports and reflects on your findings from the interview.

## Leading Seminar Discussions

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Students will take turns leading class discussions. This involves:

- (1) Being familiar with all the readings and completing writing and activity assignments;
- (2) Developing questions based on important topics, themes, concerns, or controversies;
- (3) Prioritizing questions according to perceived relevance and interest;
- (4) Facilitating discussion by asking opening/clarifying questions and offering insights.

The purpose of discussion is not to cover everything in the readings or to address all issues raised through the assignments; rather, it is to engage questions that the students think are of greatest relevance and/or highest interest. The course director will help facilitate discussion as needed.

## Academic Integrity and the Honor Code

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Absolute academic and professional integrity must be the hallmark of all health care professionals. The profession demands that medical personnel monitor themselves and each other in order to produce quality individuals whom the public can trust and who are competent in their chosen field.

The **Honor Code** of the Carver College of Medicine states: “The Honor Code demands that community members tell the truth, live honestly, advance on individual merit, and demonstrate respect for others in the academic, clinical and research communities.” Defined infractions of the Honor Code include cheating, plagiarism (conscious and unintentional), and fabrication.

The Student Policies section of the Carver College of Medicine **Medical Student Handbook** says this about plagiarism: “Students are expected to do their own work at all times. In no instance should the work or words of another individual be represented as one’s own. All quoted material, regardless of source, must be properly cited and full attribution given to the author. Information obtained from the Web must give the full URL of the actual page accessed and the date accessed.”

Plagiarism of ideas can occur when the work of others is paraphrased (as opposed to a direct quotation). Ideas are as important as the literal statements that express them. When you appropriate ideas or statements from other people, their authorship must be acknowledged.

In this course, these academic standards will be upheld. Any behavior suggesting deviation from the spirit or letter of these standards will be investigated and, if confirmed, treated appropriately. A student who is found guilty of cheating, plagiarism, or fabrication will fail the Course.

## Policies for Students with Disabilities

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Requests for special accommodations for examinations or other course requirements must be addressed through a specific protocol coordinated centrally by the Carver College of Medicine’s Medical Student Counseling Center. The College’s *Policies for Students with Disabilities* provides that students who seek the modification of seating, testing, or other course requirements must contact the Medical Student Counseling Center at the beginning of the academic year to implement the process for determining appropriate accommodations. Any student who believes that he or she may qualify for special accommodations should contact the Counseling Center immediately.