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Rapid Cycle Debriefing Practice



INDIANA UNIVERSITY SCHOOL OF MEDICINE



Maine Medical Center MaineHealth



Note: we will be moving about during this exercise

Facilitators

Dyan Anderson, BSN Heather Bair, DNP John Ding, BS Tim Elgin, DO Julie Hartman, DC, CHSE John Keech, MD Paul Leonard, MD Iulie Lindower, MD

Clark Obr, MD John O'Donnell, DrPH Sapna Ravindranath, MD Jorge Salazar, BS Sarah Shaffer, DO



Facilitators & Disclosures

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Reunite. Connect. Advance.

None has a financial conflict of interest on this topic.

Acknowledgements I Vaia Abatzis Jeana Forman Janet Hosking John Kwock Keith Littlewood Jessica Sheeran Kokila Thenuwara

Thaddee Valdelievre Jeff Vande Berg



Each helped bring this workshop to IMSH 2022.

Acknowledgements II

We gratefully acknowledge those of you who are helping facilitate today's workshop

Dawn Swiderski Erin Graham Sally Ann Mitchell Mary Kay Smith



The goal is that we all learn together.

Safety Agreement

Either as a participant or as a facilitator, I agree to respect:

- Educational purpose of the exercise
- Differences in viewpoint
- Privacy and professionalism of all



Educational Objectives

- Demonstrate genuine inquiry into the source of a behavior or decision.
- Identify a new tool or method that could be used in development of debriefers at your institution.
- Discuss barriers and solutions for repetitive practice with feedback for developing debriefing skills.

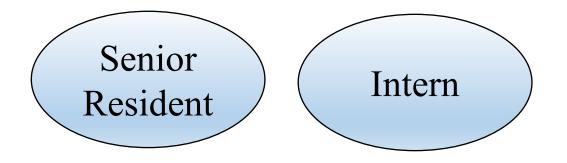


Exercise Instructions



You will see a video of an error disclosure.

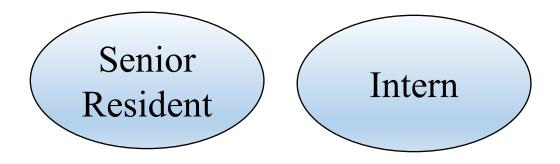
• It captures the actions of a senior resident and an intern.

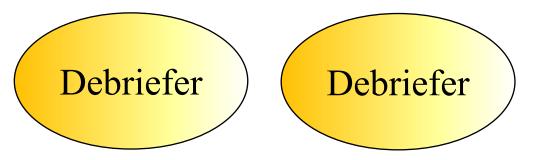




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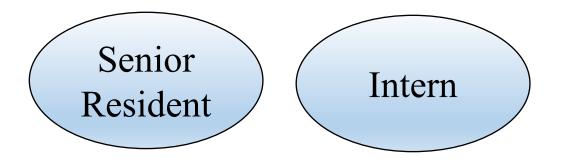
• You will debrief these two residents.

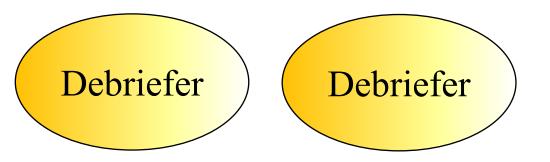






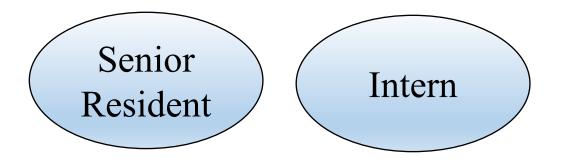
• You choose to debrief either as associate residency director or as patient advocate from the hospital.

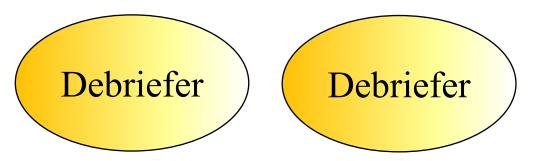






• You choose to debrief either as associate residency director or as patient advocate from the hospital.*

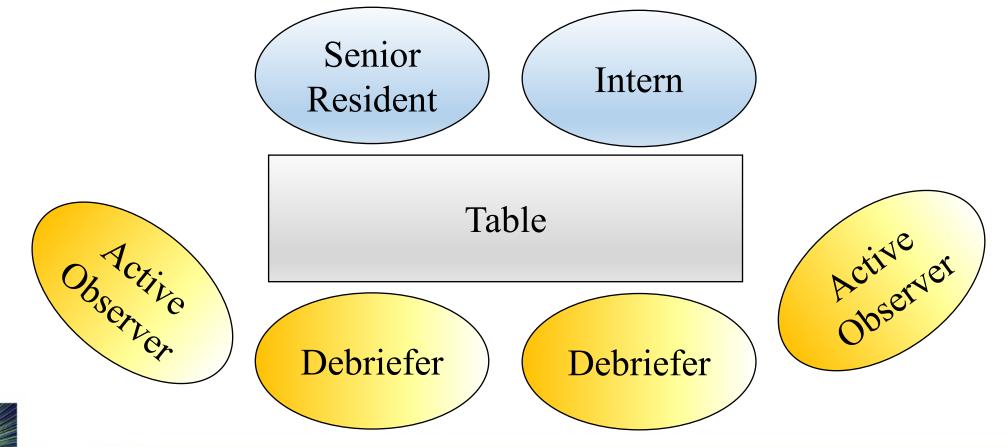






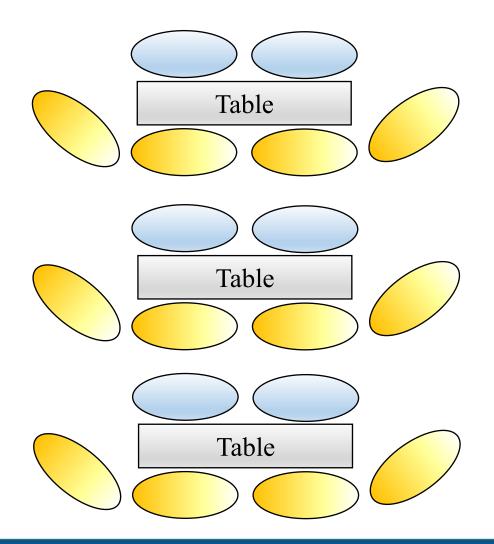
*You and your co-debriefer may choose similar or different roles

• When you are not a debriefer, you are an active observer silently analyzing the effectiveness of the debriefing.





• You will rotate among the stations





• You will rotate among the stations

• We can't explain the rotation now



Debriefing Purpose

- NOT to establish facts
 - Assume everyone has seen the video
- NOT to discipline, blame, or absolve
 - They did what they did someone else might have taken a different approach.



Debriefing Purpose

- NOT to establish facts
 - Assume everyone has seen the video
- NOT to discipline, blame, or absolve
 - They did what they did someone else might have taken a different approach.
- Gather perspectives on how these individuals and the organization might each do better.



You Know:

You Don't Know:

What

(Same at each station)



You Know: You Don't Know:

What

Why

(Same at each station)

(Different at each station)



Debriefing Steps

- Explain Purpose
- Specific Action: Uncover Frame
- Offer Your Perspective



Debriefing Steps*

- Explain Purpose
- Specific Action: Uncover Frame
- Offer Your Perspective



*You are unlikely to complete all 3 to your satisfaction

Video



Mini-Demo



The next slides time the demo

Mini Demo

Explain Purpose

Specific Action: Ask Why



First pass don't worry about offering feedback after you learn why.

Time to debrief the debriefing

Mini Demo

Compare views of faulty frame

Specific Action: Ask Why





- The facts are not in question
 - Everyone has seen the video
- Share debriefing duties



- The facts are not in question
 - Everyone has seen the video
- Share debriefing duties
- You are about to have 2 minutes to ask questions of your facilitators and make plans with your co-debriefer.



The next slide starts the timers

2 Minutes

• Questions for facilitators at your station?

- Plan with co-debriefer
 - How start first question?
 - How take turns leading?
 - How know when to jump in?

Time to debrief the residents

Debrief Residents

Explain Purpose

Specific Action: Ask Why



First pass don't worry about offering feedback after you learn why.

Time to debrief the debriefing

Debrief the Debriefing

Compare views of faulty frame

Specific Action: Ask Why

Offer Feedback



Time to change positions

Change Positions

Debriefers become the new observers Observers move to debrief **higher** number frame

Time to debrief the residents

Debrief Residents

Explain Purpose

Specific Action: Ask Why



First pass don't worry about offering feedback after you learn why.

Time to debrief the debriefing

Debrief the Debriefing

Compare views of faulty frame

Specific Action: Ask Why

Offer Feedback



Time to change positions

Change Positions

Debriefers become the new observers Observers move to debrief **lower** number frame

Time to debrief the residents

Debrief Residents

Explain Purpose

Specific Action: Ask Why

Offer Feedback



Time to debrief the debriefing

Debrief the Debriefing

Compare views of faulty frame

Specific Action: Ask Why

Offer Feedback



Time to change positions

Change Positions

Debriefers become the new observers Observers move to debrief **higher** number frame

Time to debrief the residents

Debrief Residents

Explain Purpose

Specific Action: Ask Why

Offer Feedback



Time to debrief the debriefing

Debrief the Debriefing

Compare views of faulty frame

Specific Action: Ask Why

Offer Feedback



Time to change positions

Change Positions

Debriefers become the new observers Observers move to debrief **lower** number frame

Time to debrief the residents

Debrief Residents

Explain Purpose

Specific Action: Ask Why

Offer Feedback



Time to debrief the debriefing

Debrief the Debriefing

Compare views of faulty frame

Specific Action: Ask Why

Offer Feedback



Time to change positions

Change Positions

Debriefers become the new observers Observers move to debrief **higher** number frame

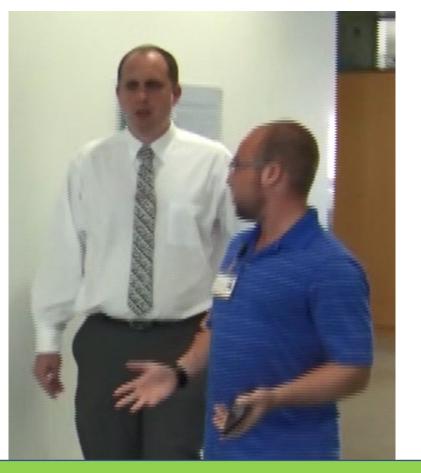
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Debrief Residents

Explain Purpose

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Time to debrief the debriefing

Debrief the Debriefing

Compare views of faulty frame

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Debriefing Targets

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Observations from Experience

- Building better debriefers doesn't require long days with true masters. A new viewpoint provokes reflection.
- Hearing plausible reasons for given actions helps us gain a genuine curiosity.
- Watching others debrief is informative



Materials Available https://UIHC.org/CPSS Click on Resources





THANK YOU!







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