Step 1: YOU START by giving the following presentation (please read the following exactly as written):

- [Instructor states]: “Hi I just saw that 20-year-old woman that came in for vaginal discharge. I think it is likely bacterial vaginosis, so I ordered a urinalysis and some swabs and we’ll see what those show. I don’t think she is at risk but when I was talking with her, I thought of something that is important for us all to consider. What do you know about human trafficking?” [wait for answer]…..
- [Instructor states]: “Yes, Trafficking is a form of MODERN SLAVERY where an individual is commercially exploited by force, fraud or coercion for labor or sex. People are most familiar with sex trafficking; however, the other common form of trafficking is Labor Trafficking, which is when individuals are compelled to work or provide services unrelated to sexual activity. It’s important that we know about this issue and ways to potentially identify trafficked patients……I have this ‘cool worksheet’ that we could do together in about 5 minutes that can help us both learn about ways to identify trafficked patients….Do you want to give it a try?” [Instructor: give your partner the blank worksheet and you work from the completed worksheet-SEE STEP 2 FOR INSTRUCTIONS]

Step 2: WORKSHEET INSTRUCTIONS:

1) START with top right corner and ask, “What are these numbers?” [this emphasizes the importance of trafficking]
2) Next, go to (2) History and ask, “What do you think a trafficked patient would say on their history?”
3) Next, go to (3) Head/Torso/GU Exam and ask, “What do you think we would find on a trafficked patient’s exam?”
4) Next, go to (4): (crossed out arrow): Please tell your learner that this arrow has a lightning bolt through it out to represent a discrepancy between the history and exam which could be a red flag for trafficking.
5) Next, go to (5) and ask, “Who is with this patient and how do you think they would act?”
6) Next go to (6) and ask, “What do you think trafficked patients are thinking and how may they act when they come see us?”
7) Please emphasize: “Like any diagnosis, trafficked patients may present atypically, so don’t anchor on these red flags and always maintain a high index of suspicion”.

QR or LINK FOR ALL CASES and trafficking Resources: https://bit.ly/3vqod68
WHAT ARE POSSIBLE RED FLAGS FOR HUMAN TRAFFICKING?

40 Million Trafficked People Worldwide (estimated in 2016)

68-88% Had Contact With Healthcare

Thoughts/Feelings?
- Scared
- Shame
- Silent

History?
- Vague History
- Work History in underpaid or under-regulated industries
- Delayed Presentations
- Frequent Visits

 Characteristics of Person accompanying
- Non-Guardian
- Older
- Male or Female (posing as aunt or cousin)
- Controlling
- Refusing to leave
- Holds patient’s ID/Documents
- Insists on Interpreting

DISCREPENCY between history and exam findings

Head Exam (HEENT)?
- Trauma/Torture
- Older than stated age
- Younger than stated age
- Poor Dental Hygiene

(3) Torso Exam?
- Trauma/Torture
- Tattoos:
  - Imply ownership: e.g. “Daddy”, “Property of” OR
  - Embarrassed to explain
- Back/musculoskeletal pain (think: Labor Trafficking)

(3) Genito-Urinary Exam?
- Trauma/Torture
- Penis!=NOT a “red flag” but remember trafficked persons are commonly male
- STI-Sexually Transmitted Infections
- Complication of termination/Pregnancy
- Retained foreign Body (Rectum/Vagina)