Navigating Pain Management at UIHC

Lee Kral, PharmD, CPE
UIHC Pain Management
• Neonatology Clinical Practice Guidelines
• Newborn Nursery Resources
• Palliative Care
• Pediatric Emergency Management Reference Card
• Pediatric Hospitalist Resources
• PICU Handbook
• Rapid Response Team
  • Rapid Response Team (RRT) Documentation Form - Adult
  • Rapid Response Team (RRT) Documentation Form - Pediatric
  • Rapid Response Team Pocket Card, Adult - Inpatient
  • Rapid Response Team Pocket Card, Adult - Outpatient
  • Rapid Response Team Pocket Card, Pediatric Effective 12/2016
• Trauma Team
  • Trauma Team Manual
  • Pediatric Trauma Team Manual
  • Trauma Team Roles and Phases of Care
• UI Health Alliance Care Models
• UIHC Communication Cards - Speech Impaired (English) and (Spanish)
• UIHC Communication Cards - Neuro Assessment (English) and (Spanish)
• UIHC Infection Prevention and Control Manual
• UIHC Microsomes
• UIHC Pathology Handbook
• UIHC Pediatric Standard Concentration Reference Tables and Pocket Guides
• UIHC Pharmacy
  • UIHC Pharmacy Controlled Substance Forms
  • UIHC Pharmacy Floorstock Forms
  • UIHC Pharmacy Pocket Guides
  • UIHC Rx Formulary & Handbook
  • Anticoagulation Case Management Service
  • Medical Abbreviations
  • Dangerous Abbreviations
• UIHC Radiology Handbook
• Ventricular Assistive Device (VAD)

Other Clinical Practice Reference
• AHCPR Guidelines (Agency for Healthcare Research and Quality)
• CDC Travel Information
• Current Vaccine Shortages
• H1N1 (Novel H1N1 Influenza) Information
  • Pediatric Provider Part 1
  • Pediatric Provider Part 2
  • Pregnant Women
• Iowa Medicaid
  • Iowa Medicaid PDL and Prior Authorization
  • Iowa Medicaid Prior Authorization Forms
  • Prior Authorization Criteria Chart
  • Medicaid PDL Alpha Drug List
• Iowa Neonatology Handbook
• Joint Commission
• Kenneth B. Schwartz Center
• Medication Shortages
FormWeb
### Example: UIHC Pain Assessment

<table>
<thead>
<tr>
<th></th>
<th>1012</th>
<th>1049</th>
<th>1149</th>
<th>1200</th>
<th>1600</th>
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<tbody>
<tr>
<td><strong>Pain</strong></td>
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<tr>
<td>Self report ability</td>
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<td>Pain scale/self report</td>
<td>Numeric/self rep...</td>
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<tr>
<td>Pain/activity</td>
<td>At rest</td>
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<td>Sleeping</td>
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<td>Pain location</td>
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<tr>
<td>Relief measures</td>
<td>See MAR</td>
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<td>Alleviating factors</td>
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### Nonverbal/Cognitively Impaired Pain Scale: Adult (Non-ICU)

| Activity when behavior observed |      |
| Vocal complaints: non-verbal |      |
| Facial grimaces/winces |      |
| Bracing |      |
| Restlessness |      |
| Rubbing |      |
| Vocal complaints: verbal |      |

### POSS/Opioid-Induced Sedation/Respiratory Monitoring: POSS Scale of 3 or 4 Indicates Patient Over-sedated and Intervention Required

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<thead>
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<th>POSS</th>
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# Patient Request

## Patient Info
- **First Name**: 
- **Last Name**: Recker
- **Date of Birth**: 07/06/1956
- **Phone Number**: 
- **Social Security Number**: 
- **Drivers License Number**: 
- **State**: Select State

## Prescription Fill Dates
No earlier than 4 years from today
- **From**: 06/19/2016
- **To**: 06/19/2018

## Patient Location
Search accuracy can be improved by including the address
- **Street Address**: 
- **City**: 
- **State/Province**: Select State
- **Zip Code**: 

## PMP Interconnect Search
To search in other states as well as your home state for patient information, select the states you wish to include in your search
- **I**: Illinois
- **K**: Kansas
PDMP Key Points

• Included information
  • Consider calling prescriber if clarification required

• Lag time
  • May need to call local pharmacy for most recent information

• Some providers do not report
  • Federal hospitals/health systems
  • Methadone clinics
  • Skilled nursing facilities
  • Inpatient institutions
What are your resources at UIHC?

• Acute pain service
• Chronic pain service
• Chemical dependency team
• Psychiatry/psychology/chemical dependency
• Rehab therapies (physical, occupational, music)
• Pharmacist
• Social work
• Chaplain
• Surgeons
• Child life specialists
Acute Pain Service

• Acute Pain Faculty on call, Fellow(s), Anesthesia Residents, Acute Pain Nurses

• Pain pharmacist (Lee Kral) available for consult

• Round twice a day on weekdays, once a day on weekends

• Appreciate your consults before 5pm on weekdays and before 12 noon on weekends (if possible)  #3832
Chronic Pain Clinic/Inpatient Consult

• Chronic pain faculty (anesthesia), fellows, residents
• Pain Pharmacist for medication review/recommendations
• Pain Psychologists for support
• Outpatient consults are triaged by faculty to determine if the service can add benefit to patient care
• Inpatient consults - offer management recommendations
• Pager #4380
Supportive and Palliative Care Service

• Inpatient consult service
• 6-bed dedicated Palliative Care Unit on 7JPC
• Outpatient continuity of care clinic
• Services
  • Goals of care and advance care planning
  • Symptom management for serious illness
  • Symptom management in end-of-life setting
• Team members
  • Physicians, APPs, nurses, pharmacists, music therapists, chaplains, social workers and volunteers
Multimodal Approach

- Physical modalities
- Medications
- Interventions
- Cognitive Behavioral Therapies
Comfort Menu

- Fresh bed sheets, extra blankets and pillows
- Fresh hospital gown or pajama bottoms
- Non-slip slippers
- A warmed blanket (where available)
- Warm or cool washcloth
- Warm compress or heating pad
- Cold pack
- Room fan

- Saline nose spray
- Eye drops
- Throat lozenges
- Lip ointment
- Body lotion
- Mouth swabs
- Fresh water or ice chips (when possible)
- Tooth brush and tooth paste

www.uihealthcare.org
Medication Storage and Disposal
Protect your Community

Thank you!

LAUGHTER 25mg
(LOL Tablets)
THE BEST MEDICINE
Each tablet contains 25mg of funneh.

30 Tablets