Career Transitions – Preparing for Life without a Day Job
Seebohm Conference Room
Wednesday, September 12, 2018
1:00 PM – 4:00 PM

Introduction - Dr. Lois Geist, Associate Dean: Later Stage Career Development Options at Iowa

TIAA Representative(s) Overview of Financial Topics to Consider when Contemplating Retirement
- Wants and Needs in Retirement: The Income Floor
- Retirement Investments: What to Consider
- Retirement Account Options: The Basics
- Other Investments & Savings

Staying Engaged after Retirement
Panel of Carver College of Medicine Emeritus/Current Faculty:
  John Buatti, MD – Stanford Distinguished Career Institute for Philip Pizzo
  Carol Scott-Conner, MD – Professor Emeritus: Medical Educator Opportunities
  Dianne Atkins, MD – Professor Emeritus, Stead Family Dept. of Pediatrics
  Sue O’Dorisio, MD – Professor, Stead Family Dept. of Pediatrics: Phased Retirement Opportunities
  James Amos, MD – Professor, Psychiatry: Phased Retirement Opportunities

Wellness Considerations after Retirement/Pitfalls to Avoid
- Megan Hammes, MCHES, University of Iowa Wellness Manager
- Maggie Moore, LSW, Director, UI Employee Assistance Program

Concurrent sessions

via video conference – Director of Physician Engagement, Jill Einstein, MD and Lisa Levin, MD

Individualized TIAA consultations (208 CMAB)