YOUR EXPERIENCE with a
GENETIC COUNSELOR

Learn more about whether genetic counseling could benefit you and your family at www.FindAGeneticCounselor.com.
Your Experience with a Genetic Counselor

Schedule Your Appointment

You may be referred to see a genetic counselor or have made the decision to see one yourself. Your insurance plan may cover all or part of the cost.

www.FindAGeneticCounselor.com
Your Experience with a Genetic Counselor

Prepare for Your Visit

To make the most out of your appointment, think about these points:

- What questions do I have?
- Personal medical history?
- Family history?
- Lifestyle factors?

www.FindAGeneticCounselor.com

STEP 2
Your Experience with a Genetic Counselor

Appointment with Your Genetic Counselor

- What test results may or may not tell you and how results may be used
- Family History
- Test Options
- Health care and support options to consider based on possible results
- Review medical history and understand inherited risks
- Identify testing options and decide whether to proceed

www.FindAGeneticCounselor.com
Your Experience with a Genetic Counselor

Proceed with Genetic Tests, if Necessary

Genetic testing involves analyzing a person's DNA, usually by taking a blood sample, though other sample collection options exist.

www.FindAGeneticCounselor.com
Your genetic counselor will share your results with you and your physician and then provide support as you make informed choices.

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Your Experience with a Genetic Counselor

Follow Up with Your Genetic Counselor

Discuss options for your healthcare today and future stages of your life

Consider additional genetic tests

Schedule follow-up appointments with your genetic counselor as needed

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