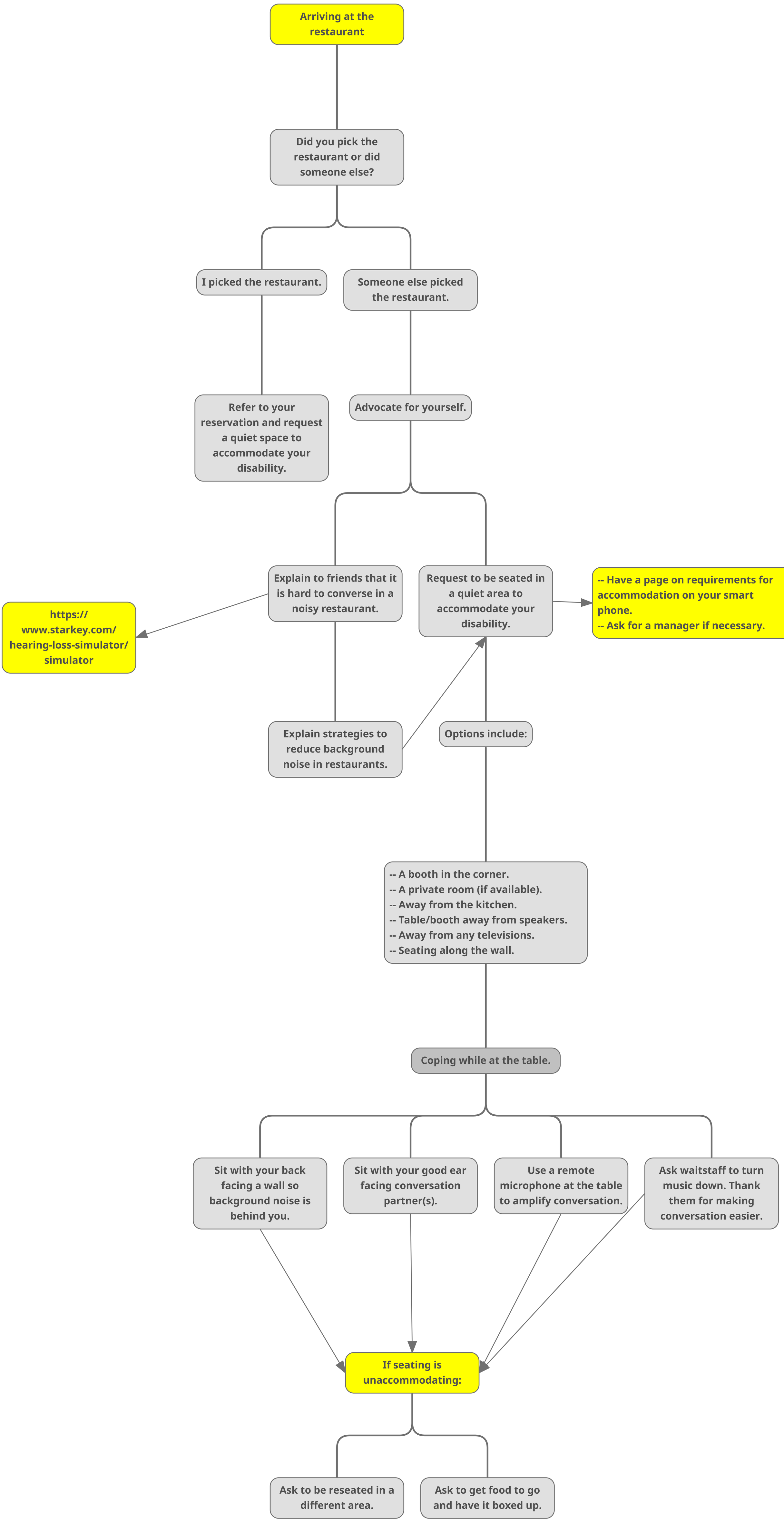
Arriving at the restaurant
Did you pick the restaurant or did someone else?
I picked the restaurant.
Someone else picked the restaurant.
Refer to your reservation and request a quiet space to accommodate your disability.
Advocate for yourself.
Explain to friends that it is hard to converse in a noisy restaurant.
Request to be seated in a quiet area to accommodate your disability.
-- Have a page on requirements for accommodation on your smart phone.
-- Ask for a manager if necessary.
https://www.starkey.com/hearing-loss-simulator/simulator
Explain strategies to reduce background noise in restaurants.
Options include:
-- A booth in the corner.
-- A private room (if available).
-- Away from the kitchen.
-- Table/booth away from speakers.
-- Away from any televisions.
-- Seating along the wall.
Coping while at the table.
Sit with your back facing a wall so background noise is behind you.
Sit with your good ear facing conversation partner(s).
Use a remote microphone at the table to amplify conversation.
Ask waitstaff to turn music down. Thank them for making conversation easier.
If seating is unaccommodating:
Ask to be reseated in a different area.
Ask to get food to go and have it boxed up.