

CCOMMON CENTS

YOUR FINANCIAL LITERACY NEWSLETTER

What do I need to Know?

All Students:

Remember that if you return your spring loans within 120 days of disbursement, the interest is cancelled on that part of the loan. In order to return spring loans before the 120 day deadline, send an email to [Chris Roling](#) before April 29.

M4 students

- Don't forget to schedule a loan exit counseling session with Linda or Chris! These sessions last about 45 minutes. Spouses, partners, and significant others are welcome to attend!
- Don't forget to RSVP for the AAMC Debt Management Session on March 19 from 5:30 - 7:00 PM in the Kelch Conference Room. Spouses, partners, and significant others are welcome to attend!
- To sign up for either of these sessions, just send an email to Linda Birkhofer.

Financial Services Office Hours:

Monday - Friday 7:30 - 5:00

Please stop by 1216 MERF if you have any financial or debt management questions!

2019-20 Loan Disbursement Dates

Summer Loans:

M3, M4, PA2, PA3: July 8
PA1: June 4

Fall Loans

All CCOM students: Aug 19

New Financial Literacy Resources from AAMC

AAMC's association with SALT ended on December 31, 2018. On January 1, AAMC launched a new financial literacy site which is loaded with lots of articles and videos. I highly encourage you to visit [AAMC's Financial Wellness program](#), create a login, and check out some of the resources that they have created. Once you set up an account and answer a few questions, you will receive your financial well being score. The more resources that you investigate, the more your score will improve. The site contains, articles, videos, and exercised designed to increase your understanding of financial literacy related topics. They also have various financial calculators to help you make financial decisions about money management.

Some of the topics include:

Budgeting & Spending	Buying a Car	Taxes
Buying a House	Managing Credit	Identity Theft
Financial Planning	Debt Management	Having a Baby
Renting an Apartment	Workplace Transition	Money Smart Kids

They are adding new content all the time so we highly encourage you to check out this new online resource and take advantage of the information provided here to increase your financial literacy awareness! If you have any comments or suggestions about these resources, we would love to hear them and pass them along to AAMC.

Did you know? There are several private scholarship sources that have deadlines in March. Be sure to check out our extensive list of outside scholarships to see if there are scholarships and grants that you might be eligible for! This list is on our website—click on this [link](#) and take a look!

New Financial Literacy Books to Check Out in OSAC

The CCOM Financial Literacy Advisory Group is a group of MD/PA students that meets once each semester to suggest ideas that could be used to increase financial awareness among our students. In the fall, this group recommended that we purchase some books on financial literacy topics that are available for students to check out. We purchased several books and have added them to our library. Here is a list of books that are available to check out:

- The White Coat Investor
- The Physicians Guide to Personal Finance
- Doctor's Eye's Only: Exclusive Financial Strategies for Today's Doctors and Dentists
- Physicians: Money for Life
- Personal Finances for the New Physician
- Your Money or Your Life: Transforming Your Relationship with Money
- Dave Ramsey The Total Money Makeover—A Proven Plan for Financial Fitness
- Real Life Planning for Physicians—A Physician's Guide to Financial Security

Most of these books are only 100-150 pages, so they do not take a lot of time to read. Please stop by Chris Roling's office and check one out today!

Is there a topic that you would like to see covered in a future newsletter? Email chris-roling@uiowa.edu