



## **Words of Advice**

You can always learn and teach something new. You can find great satisfaction when you manage to connect your day-to-day work in academia with 'real-world' needs.

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From 2017-2020, Dr. Peña Silva was the Research Director at the Universidad de los Andes Medical School. He currently leads the Cardiovascular Pharmacology Research Lab, which focuses on vascular pharmacology, aging, medical education and health literacy. He is also a Lown Scholar in Cardiovascular Health at the Harvard T.H. Chan School of Public Health.

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