Help us learn more about treating mild chronic hypertension during pregnancy by joining the CHAP Study. We are inviting women who qualify to participate in a clinical research study to see whether treating pregnant women diagnosed with mild Chronic Hypertension (CHTN) with blood pressure medicines to lower their BP below 140/90 is safe and beneficial for the mother and baby.

**What is chronic hypertension?**
Mild Chronic Hypertension (CHTN) is when the blood pressure (BP) is at least 140/90 but less than 160/105. Non-pregnant adults with mild CHTN are treated with medication to lower BP less than 140/90.

**Why is this study important?**
There is a lack of evidence whether or not pregnant women diagnosed with Mild Chronic Hypertension should be treated with blood pressure medications during pregnancy. The goal of this study is to investigate CHTN and improve our ability to care for pregnant women diagnosed with Mild Chronic Hypertension.

**To qualify, you must:**
- Be 18 years of age or older
- Have been diagnosed with mild Chronic Hypertension

**How many people will participate?**
About 150 women and their infants will take part in this study at the University of Iowa. A total of about 4,700 women from across the country will be enrolled in the CHAP Study.

**What are the possible risks?**
If you decide to participate in this research study, you and your baby may not directly benefit. Your participation may help doctors determine if it is medically beneficial to treat mild CHTN during pregnancy for both mom and baby in the future. Some studies suggest a possible risk to both mom and baby by treating mild CHTN during pregnancy while others do not. The medications used in the CHAP study are those that are commonly used to treat CHTN during pregnancy when treatment is necessary.

**What will I be asked to do?**
Before agreeing to participate, a member of our research team will review an informed consent document with you. You are encouraged to ask questions and may share the document with your family or friends to help you decide. If you agree to participate, then you will be randomized (like flipping a coin) to 1 of 2 groups:

1. **Active.** This group will receive study medication (Labetalol and/or Nifedipine ER). These medications will be supplied by the study.
2. **Standard.** This group will not start on study medication but will have usual care as indicated by their doctor.

Your remainder of study visits will coincide with your routine obstetric and postpartum visits.

**Will it cost me anything to participate?**
No, you and your health insurance will not have any additional costs for participating.

**Will I be compensated for participating?**
Yes, you may receive up to $100 for your participation.