The 12th Annual Iowa Family Medicine Residency Network Quality and Research Symposium was held on May 13, 2022. The Symposium featured presentations by network residents and judged by a panel of residency directors, Peter Larsen, PH.D. Researcher Administrator for MercyOne North Iowa, and Amy Bingaman, MD, from Broadlawns Medical Center.

Jake Walburg, MD, and Peter Kim, MD, whose presentation and research was designated “Best Project,” were recognized with an engraved plaque to be exhibited in their program until the next Symposium. This year, in addition to the plaque, monetary prizes for the top three places were provided by Jeff Quinlan, MD, Chairman, University of Iowa Department of Family Medicine.

This year’s presentations were:

- **Analysis of Social Determinants of Health Screening in a Midwestern Health System**
  Jake Walburg, MD, and Peter Kim, MD, Genesis Quad Cities Family Medicine Residency

- **EPIC Update of the UIHC Inpatient Psychiatry Units’ Handoff Tool**
  Kate Jarvis, MD, and Nicole Woodson-DeFauw, MD, The University of Iowa Family Medicine-Psychiatry Residency

- **Improving Understanding and Comfort with Prescribing Expedited Partner Therapy (EPT)**
  Eric Neill, DO, Central Iowa Family Medicine Residency: Iowa Lutheran Track

- **Plan A**
  Samia Harkin, DO, and Brooke Johnson, DO, Broadlawns Medical Center Family Medicine Residency
Stephen Sorensen, MD, long-time faculty and former Program Director at Genesis Family Medicine Residency Program in Davenport, has been appointed to the position of Medical Director for Genesis Hospice and Palliative Care. In his role, Dr. Sorensen will oversee the medical practice with Genesis Community Hospice, the Clarissa C. Cook Hospice House, and outpatient palliative care services. Dr. Sorensen is board certified in both Family Medicine and Hospice and Palliative Care. He will remain part-time faculty with the residency program.

VP Role Accepted by Rehmann

Josh Rehmann, DO, became the Vice President Medical Director for the central Iowa region of UnityPoint Clinics in April. For this position, he oversees 350 providers and approximately 50 clinics. Dr. Rehmann will continue to serve as the Program Director for UnityPoint Health’s Central Iowa Health System Family Medicine Residency Program.

Wellik Retires from MercyOne North Iowa

Sharla Wellik retired as Residency Coordinator at MercyOne North Iowa Family Medicine Residency on June 30, 2022. During Sharla’s career, she worked with three Program Directors, 14 faculty, 153 residents and eight fellows. She was invaluable to the program over the last 24 years with multiple work-hour revisions, numerous requirement changes, two electronic medical records transitions, and a move to a new building. Beyond the Family Medicine Residency, she had an integral role in developing the Hospice and Palliative Medicine Fellowship and was the Institutional Coordinator as MercyOne North Iowa moved from a single-program institution to an academic center with two core programs and three fellowships. Sharla and her husband, Roger, will enjoy their retirement by traveling, visiting family, and visiting a winery or two.

Sorenson appointed Hospice & Palliative Care Medical Director

Stephen Sorensen, MD, long-time faculty and former Program Director at Genesis Family Medicine Residency Program in Davenport, has been appointed to the position of Medical Director for Genesis Hospice and Palliative Care. In his role, Dr. Sorensen will oversee the medical practice with Genesis Community Hospice, the Clarissa C. Cook Hospice House, and outpatient palliative care services. Dr. Sorensen is board certified in both Family Medicine and Hospice and Palliative Care. He will remain part-time faculty with the residency program.

Benoit’s “Brunch with the Boss” Flight

On Thursday, May 19, Gena Benoit, MD, Program Director at Genesis Family Medicine Residency Program, attended “Brunch with the Boss & Orientation Flight on a C-130 Hercules”. It was hosted by the 182nd Airlift Wing, Illinois Air National Guard in Peoria, IL. The event included a brunch, an informational presentation on the work done by the guard, and a flight on the C-130 Hercules. Mary DeFrance, MD, R2 at the Genesis program, invited Dr. Benoit to this event. Dr. DeFrance has been with the Air National Guard since 2016. She is currently in transition to a physician role for the 182nd MDG and has been appointed as Unit Credentials Manager, ensuring providers stay current with licensing/requirements.
UI Family Medicine Preceptors of the Year

Each year, the University of Iowa Department of Family Medicine recognizes the valuable contribution of community preceptors to teaching medical students by awarding the Preceptor of the Year Award.

Beginning this year, two categories of preceptors are being recognized: the Community Preceptor of the Year is awarded to a community-based family medicine adjunct faculty member that provides a four-week clinical rotation for medical students; the RMEC Community Preceptor of the Year is given to a faculty member of one of the five Regional Medical Education Centers (RMEC) in Iowa that provide two-week clinical and didactic rotations for medical students.

Community Preceptor of the Year - Dustin Smith, MD

Dustin Smith, MD, graduated from the UI Carver College of Medicine in 1997 and completed his Family Medicine residency at MercyOne Des Moines in 2000. He has been practicing at UnityPoint Family Medicine - Eagle Grove since August 2000. For over a decade, Dr. Smith has been hosting medical student rotations in his clinic and demonstrating firsthand the important role that Family Medicine physicians play in small towns. His commitment to the local community and willingness to offer the best learning experience to students is continually recognized by students.

“Dr. Smith did a great job of showing the variety of roles of a rural family medicine doctor. We saw patients in clinic, at the nursing home, and in the ED, and he takes students to any meetings he has related to his job. He’s always looking out for teaching opportunities and readily answers any questions. I was also able to do way more procedures than I had expected from a rural clinic.”
Student Evaluation, 2021

RMEC Community Preceptor of the Year - Michael Jung, MD

Michael Jung, MD, is a longtime faculty member at Siouxland Medical Education Foundation Family Medicine Residency program. Dr. Jung graduated from the University of South Dakota School of Medicine in 1980. He completed his Family Medicine residency at Siouxland in 1983 and joined the program as a faculty member after graduation.

Dr. Jung has been involved in teaching residents and medical students for more than four decades, and that experience, along with his passion for teaching, is why he has long been highly regarded by students that complete rotations in Sioux City.

“Dr. Jung was an incredible preceptor, teacher, and physician to work with. His willingness to teach combined with his unbelievable clinical knowledge make him a fantastic educator. I especially appreciated his style of teaching while in the room with the patient, as it really gave me a way to anchor the knowledge to a specific patient/case and the patients seemed to enjoy learning about their medical conditions as he taught as well.”
Student Evaluation, 2021
Erin Barnes (pictured left) assumed the role of as Program Coordinator at Broadlawns Medical Center in June 2022. Erin has been employed at Broadlawns for nine years and was the previous Assistant Program Coordinator for the residency. Erin was born and raised in Des Moines and is a graduate of Des Moines Roosevelt. She received her Bachelor’s in Human Services from Upper Iowa University in 2017. In her spare time, Erin loves spending time with her daughters.

Amra Dolic (pictured right) is the new Clinic Administrator/Assistant Program Coordinator at the UnityPoint Family Medicine Allen – Waterloo track. She earned her Bachelor of Arts in Biology from the University of Northern Iowa and Master of Health Administration from the University of Iowa. Prior to joining the residency program in June, Ms. Dolic worked for UnityPoint Health – Allen Hospital as an Administrative Fellow. In her free time, she enjoys spending time with her family and friends and traveling.

Jessica Robison, (pictured left) is the new Program Coordinator for MercyOne North Iowa Family Medicine Residency in Mason City. She earned her Bachelor of Science in Business Management from Kaplan University. Prior to joining the residency program in February, Ms. Robison worked for Good Shepherd Health Center as the Activity Director. In addition, she served as Vice President for the Iowa Council of Activity Professionals through the Iowa Health Care Association. Outside of work, she enjoys spending quality time with family and friends, traveling, working out, being outdoors and playing with her miniature Schnauzer, Onyx.

Valery Tran, MD, (pictured right) will be joining the faculty at Siouxland Medical Education Foundation (SMEF) in September 2022. Dr. Tran is a graduate of the University of Nebraska Medical Center College of Medicine and completed his Family Medicine residency training at SMEF in June 2022, where he served as Chief Resident. He is especially interested in palliative care and hopes to integrate related experiences into the residency curriculum.

Iowa Family Medicine Residents’ Council 2022-2023

The Iowa Family Medicine Residents’ Council officers for 2022-2023 are: Sam Orvis, MD, President, The University of Iowa; Drew Amador, MD, President-Elect, The University of Iowa; Cassady Miller, MD, Secretary, Siouxland Medical Education Foundation (pictured above, from left to right).
Is Feedback Really That Hard to Do Well?

By Gerry Wickham, MA, EdD, Vice Chair, Clinical Teaching Collaborative, University of Iowa Carver College of Medicine

In a word, yes! It’s frankly very difficult to do well. Conversely, it’s really quite easy to do poorly! So, for a moment give yourself a break and let’s think about what we’ve been learning about feedback:

We know high quality feedback is prized – by medical students, residents/fellows and indeed by accreditation bodies. It’s prized because it has significant impact on growth and learning. And it’s really hard to do well because when we are alerted to feedback happening our brain signals fear. Without moderating that fear response we see feedback getting messy and people dysregulating. When it’s done well, we see people understanding which parts of their learning need improvement, they feel comfortable with knowing this and a pathway to new learning is crafted.

Four quick feedback skills we can all do to make feedback work well (Renninger, 2020):

1. Achieve consensus that feedback is going to happen – this is known as the micro yes – “Do you have a moment for me to provide some feedback about this clinical encounter?”
2. Provide data not blurry words – “I observed that you paused twice and this allowed the patient to ask three questions overall”
3. Share the impact – “By pausing and facilitating questions, you empowered the patient and this also allowed you to clarify the importance of taking the medicine”
4. Ask a question – “What else did you notice about the patient when you paused and facilitated questions?”

For a fun overview watch this video: (Renninger, 2020)

Calendar of Events

<table>
<thead>
<tr>
<th>Date</th>
<th>Event Description</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>August 26</td>
<td>Advanced Life Support in Obstetrics (ALSO) Provider Course</td>
<td>Des Moines</td>
</tr>
<tr>
<td>September 8</td>
<td>Community-Based Residency Directors’ Meeting</td>
<td>Des Moines</td>
</tr>
<tr>
<td>September (TBA)</td>
<td>Iowa Family Medicine Residency Program Coordinators’ Meeting</td>
<td>(TBA)</td>
</tr>
<tr>
<td>September 16</td>
<td>Iowa Family Medicine Residents’ Council Meeting</td>
<td>Des Moines</td>
</tr>
<tr>
<td>October 28</td>
<td>Advanced Life Support in Obstetrics (ALSO) Provider Course</td>
<td>Iowa City</td>
</tr>
</tbody>
</table>