Mountain Valleys Health Centers is a non-profit organization consisting of five clinics located in the most northeastern part of the state. There are five communities which they serve: Big Valley (city of Bieber), Burney, Butte Valley (city of Dorris), Fall River Valley, and Tulelake. All these communities are very rural, under-served, and whose residents are primarily employed in the farming, ranching, and logging industries with a fair number of retired folks.

Two of the communities (Tulelake and Butte Valley) are situated near the California-Oregon border and in-patient services are provided mainly in Oregon at Sky Lakes Medical Center in Klamath Falls, Oregon. The other three communities are part of the Intermountain area and reside along the Highway 299 East from Redding, California. The Burney Health Center is about 50 miles east of Redding. As you make your way up the 299 East corridor another 20 miles, you will find the Fall River Valley Health Center in the town of Fall River Mills. From Fall River Mills traveling on 299 East another 25 miles you will find the town of Bieber, home to our Big Valley Health Center.

Redding, California is a city with a population of over 100,000. This is the largest California city near our Intermountain area. People who live in our area frequently travel to the larger city for specialty care, surgery or for more complicated hospitalizations.

Mayers Memorial Hospital is located in Fall River Mills serves the Intermountain communities, and numerous other smaller ones in the adjacent area. It is both an acute and a long term care facility. There are 16 acute beds, an OR, a birthing center, and a Long Term Care Facility of 40 beds, as well as a Long Term Care annex in Burney, housing 50 more residents. At the present time, due to staffing needs, we do not currently deliver babies at Mayers. The hospital is due to undergo a $25 million upgrade to the ER to make it seismically up to date with California building code with an anticipated completion in 2019.

Mountain Valleys Health Centers is also undergoing a new building project for our Fall River Valley Health Center. The new clinic will completed and operational in early 2019. This clinic is located in close proximity to the hospital. All MVHC facilities house updated equipment with routine modernization.

There are currently four physicians and six mid-levels permanently employed with Mountain Valleys Health Centers. We are actively seeking more physicians and mid-levels as our need is to employ 5 full time physicians and 8 full time mid-level providers. We have been fortunate to have dedicated providers who have retired or nearly retiring from our communities. Our environment is one of the best around. We have very low politics, great patient payer mix and excellent staff. We work hard together as a team to take care of wonderful patients in our communities. Mountain Valleys Health Centers is interested in recruiting motivated, well trained Family Practitioners for both in-patient and out-patient medicine. Our area is located in one of the most beautiful parts of California. It lies between Mt Shasta to the northwest, Mt Lassen to the southeast, the Oregon border to the north and the Nevada border to the east. Recreational opportunities are abundant:

- Unbelievable fishing! We are located less than 25 miles from the four premier wild trout streams in California: Hat Creek, Pit River, McCloud, and Fall River (these are world renowned).
Great hunting! Waterfowl, quail, pheasant and chucker hunting are among one of the favorite local activities. This area is also one of the most coveted zones for big-game hunting.

Snow fun! Mt Shasta Ski Park offers snowboarding, alpine and cross-country skiing, back country, Nordic, and tubing. Mt Lassen offers free ranger-led snowshoe walks on weekends in the winter. Many in the area also enjoy snowmobiling.

Water activities! There are many local bodies of water for boating, water-skiing, wakeboarding, canoeing, kayaking, and paddle boarding. Shasta Lake, Whiskeytown Lake, Lake Britton, and Big Lake are among the local favorites.

Outdoors! Many also enjoy mountain-biking, trail hiking (the Pacific Crest Trail runs through the area), rock hunting, and just enjoying everything nature has to offer in this beautiful area.

Redding is nearby, which is home to:

- Cascade Theater, which is in the National Register of Historic Places. Ballets, comedians, musicians, and artists perform there. There are many other community events held there as well.

- North State Symphony is a professional symphony orchestra performing in Redding and Chico, as well as many nearby North State cities.

- Redding Civic Auditorium holds many concerts, musicals, plays, expos, and shows.

- Turtle Bay Exploration Park “Turtle Bay Exploration Park is a fun, non-profit 300-acre gathering place featuring the Sundial Bridge, a museum, forestry & wildlife center, arboretum and botanical gardens. At the gateway to the Sacramento River Trails, Turtle Bay celebrates far Northern California as part of the world we share. We envision Turtle Bay Exploration Park as a vibrant gathering place where our community is strengthened through education, cultural engagement and economic growth.” - www.turtlebay.org

- Riverfront Playhouse - “Riverfront Playhouse was created in 1981 by a few local theatre lovers with the vision of providing a community theatre for the Redding area. The first play at Riverfront Playhouse opened on July 10, 1981, at our current location at 1620 East Cypress Avenue. The following year we became a 501-c3 non-profit corporation. We are the region’s longest continually operating, all volunteer, community theatre.” - www.riverfrontplayhouse.net

In addition, Reno is only a two-three hour drive from our area. Sacramento and San Francisco are approximately four-five hours drive-time from here.

The local schools are academically sound, safe, and allow students to participate in many extracurricular activities, for example: sports, performing arts, FFA/FHA, 4H, and many others.

I have enclosed some brochures of our area. We hope you will reach out to us and learn more about our MVHC family. MVHC is a fabulous place to practice and live, the best of both worlds!

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