



*University of Iowa Hospitals and Clinic
Department of Radiology
CT
3 JCP
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BREAST FEEDING INFORMATION FORM

Your doctor as ordered a CT exam that requires us to give you an iodinated contrast agent for this exam. Iodinated contrast agent that will be injected in a vein in your arm and will give the radiologist additional information when reading your images. After injection of the iodinated contrast agent a tiny amount will be excreted into your breast milk. A Review of the literature shows there is no evidence to suggest that the oral intake of your breast milk by your baby that contains the tiny amount of iodinated contrast would cause toxic effects to your baby. It is believed that the available data suggest that it is safe for you to have your baby continue breast feeding after receiving an injection of the iodinated contrast agent. If you remain concerned about any potential ill effects, you can speak to a radiologist so you can make an informed decision as to whether to continue breast-feeding or temporarily stop breast-feeding after receiving an iodinated contrast agent. If you so desired, you can stop breast-feeding for 24 hours and just pump both breast if needed and throw the pumped breast milk away. After 24 hours you can resume normal breast feeding. If you have any questions and would like to speak to a radiologist please ask the receptionist.