Pregnancy Declaration Program

EHS has established a Pregnancy Declaration Program as required by State radiation safety regulations. This program provides information and consultation concerning prenatal radiation exposure as well as dose monitoring of the embryo/fetus at the mother’s request. Any pregnant radiation worker may request such monitoring by submitting a signed pregnancy declaration form to EHS.

This declaration is voluntary. Upon receipt of a signed declaration, the dose limit of the embryo/fetus is lowered from the adult worker’s whole body limit of 5,000 mrem per year to 500 mrem for the duration of the pregnancy. The information provided in the declaration is maintained as private information.

Recommendation

EHS recommends that a pregnant radiation worker declare her pregnancy so that routine and non-routine work situations can be evaluated to ensure that the dose to the unborn child does not exceed 500 mrem over the duration of the pregnancy. If you have any questions or concerns about any of the information in this notice, please contact Laurie Scholl at 353-5389 or laura-scholl@uiowa.edu.

Prenatal Radiation Exposure and Risk

The Iowa Department of Public Health (IDPH) has issued a regulatory guide entitled "Instruction Concerning Prenatal Radiation Exposure" that provides answers to questions concerning prenatal radiation exposure and risk. EHS encourages you to review the information provided in this guide.

Questions?

If you have any questions concerning EHS's Pregnancy Declaration Program, prenatal radiation exposure and risk, or dose monitoring of the embryo/fetus, please contact Laurie Scholl at 353-5389 or laura-scholl@uiowa.edu.